### WHITE FOLK RESOURCE GUIDE:

THE WORK OF ANTIRACISM FOR WHITE FOLK IS:

- 1) BUILDING YOUR CAPACITY AND AWARENESS AND STARTING THE DIALOGUE BY FINDING A WHITE SPACE COMMUNITY
- 2) EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, WATCHING ANTIRACIST CONTENT
- 3) DEDICATING YOUR TIME, YOUR ENERGY, YOUR BODY, YOUR RESOURCES TO ANTIRACIST ACTION

BUILDING YOUR CAPACITY AND AWARENESS AND STARTING THE DIALOGUE BY FINDING A WHITE SPACE COMMUNITY:

#### IGS TO FOLLOW, LEARN FROM, ACTION WITH!

-BLACK LIVES MATTER / BLM: @BLKLIVESMATTER

-BLACK LIVES MATTER LA / BLMLA: @BLMLOSANGELES

-PATRISSE CULLORS-BRIGNAC: @OSOPEPATRISSE

-ALICIA GARZA: @CHASINGGARZA

-OPAL TOMETI: @OPALAYO

-MELINA ABDULLAH: @DOCMELLYMEL

-SONYA RENEE TAYLOR: @SONYARENEETAYLOR

-BRITTANY PACKNETT CUNNINGHAM: @MSPACKYETTI

-MOVEMENT FOR BLACK LIVES / M4BL: @MVMNT4BLKLIVES

-DIGNITY AND POWER NOW: @DIGNITYANDPOWERNOW

-HIGHLANDER CENTER: @HIGHLANDERCENTER

-COLOR OF CHANGE: @COLOROFCHANGE

-WALKGOODLA: @WALKGOODLA

-SHOWING UP FOR RACIAL JUSTICE / SURJ: @SHOWINGUPFORRACIALJUSTICE

-WHITE PEOPLE 4 BLACK LIVES / WP4BL: @WP4BL

-JUSTICE LA: @JUSTICELANOW

-NO WHITE SAVIORS: @NOWHITESAVIORS

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

BOOKS! ANTIRACIST STARTER KIT:

-STAMPED FROM THE BEGINNING BY IBRAM X. KENDI -A PEOPLE'S HISTORY OF THE UNITED STATES BY HOWARD ZINN -WHITE FRAGILITY BY ROBIN DIANGELO -so you want to talk about race by IJEOMA OLUO

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

BOOKS ANTIRACIST INTERMEDIATE KIT: -THE BURNING HOUSE BY ANDERS WALKER -THE NEW JIM CROW BY MICHELLE ALEXANDER -THE CONDEMNATION OF BLACKNESS BY KHALIL GIBRAN MUHAMMAD -DYING OF WHITENESS BY JONATHAN M METZL -A DIFFERENT MIRROR BY RONALD TAKAKI -HOW TO BE AN ANTIRACIST BY IBRAM X. KENDI -ME AND WHITE SUPREMACY BY LAYLA F. SAAD (-ANYTHING WRITTEN BY ANGELA Y. DAVIS)

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

# BOOKS! BOOKS! VE READ & LOVED:

-FREEDOM IS A CONSTANT STRUGGLE BY ANGELA Y. DAVIS -MY GRANDMOTHER'S HANDS BY RESMAA MENAKEM -BETWEEN THE WORLD AND ME BY TA-NEHISI COATES -UNAPOLOGETIC BY CHARLENE A. CARRUTHERS -HOW TO BE AN ANTIRACIST BY IBRAM X. KENDI -ME AND WHITE SUPREMACY BY LAYLA F. SAAD -WHY ARE ALL THE BLACK KIDS SITTING TOGETHER IN THE CAFETERIA? BY BEVERLY DANIEL TATUM -SOME OF MY FRIENDS ARE BY DEBORAH PLUMMER -THE INNER WORK OF RACIAL JUSTICE BY RHONDA V. MAGEE

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND

### BOOKS! ANTIRACIST TOPIC SPECIFICS:

-BLACK GIRL CRIMINALIZATION:

PUSHOUT BY MONIQUE MORRIS

-POVERTY / HOUSING:

EVICTED BY MATTHEW DESMOND

-POLICE VIOLENCE / MASS INCARCERATION:

NOBODY BY MARC LAMONT HILL

-EDUCATION / COLONIALISM / AHISTORICISM:

LIES MY TEACHER TOLD ME BY JAMES W. LOEWEN

-EDUCATION / DISCRIMINATION BIAS:

WHY ARE ALL THE BLACK KIDS SITTING TOGETHER IN THE CAFETERIA?

BY BEVERLY DANIEL TATUM

-SEGREGATION / HOUSING / DISCRIMINATION:

THE COLOR OF LAW BY RICHARD ROTHSTEIN

-VOTER SUPPRESSION / BLACK VOTING:

BLACKBALLED BY DARRYL PINCKNEY

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

### BOOKS!

ANTIRACIST BIOGRAPHIES, NON-FICTION, NOVELS, PERSONAL NARRATIVES:

- -THE WARMTH OF OTHER SUNS BY ISABEL WILKERSON -THE FIRE NEXT TIME BY JAMES BALDWIN
- -THE AUTOBIOGRAPHY OF MALCOLM X BY MALCOM X, ALEX HALEY, ATTALLAH SHABAZZ
- -BETWEEN THE WORLD AND ME BY TA-NEHISI COATES
  - -KILLING RAGE BY BELL HOOKS
  - -BECOMING BY MICHELLE OBAMA

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

### BOOKS! ANTIRACIST BLACK LGBTQ+:

-GIOVANNI'S ROOM BY JAMES BALDWIN -ZAMI: A NEW SPELLING OF MY NAME - A BIOMYTHOGRAPHY BY AUDRE LORDE -REAL LIFE: A NOVEL BY BRANDON TAYLOR -UNAPOLOGETIC BY CHARLENE A. CARRUTHERS -NO TEA. NO SHADE BY E. PATRICK JOHNSON -SINCE I LAID MY BURDEN DOWN BY BRONTEZ PURNELL -THE OTHER SIDE OF PARADISE BY STACEYANN CHIN -NO ASHES IN THE FIRE BY DARNELL L. MOORE -THE SUMMER WE GOT FREE BY MIA MCKENZIE

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

MOVIES (DOCS)!

-REQUIEM FOR THE AMERICAN DREAM

-I AM NOT YOUR NEGRO

-WHOSE STREETS?

-THE MURDER OF FRED HAMPTON

-LET THE FIRE BURN

-WELCOME TO LEITH

-TIME: THE KALIEF BROWDER STORY

-SAY HER NAME: THE LIFE AND DEATH OF

SANDRA BLAND

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

## MOVIES (FICTION)!

-LOVING

-MALCOLM X

-MARSHALL

-JUST MERCY

-MOONLIGHT

-AMERICAN SKIN

-DO THE RIGHT THING

-WHEN THEY SEE US

-THE HATE U GIVE

-WITHIN OUR GATES

-THE GLASS SHIELD

-FRUITVALE STATION

-THE BATTLE OF ALGIERS

-IF BEALE STREET COULD TALK

EDUCATING YOURSELF BY READING BOOKS, LISTENING TO PODCASTS, AND WATCHING ANTIRACIST CONTENT:

### PODCASTS (JUST A FEW)!

-1619

-INTERSECTIONALITY MATTERS!

-THROUGHLINE

-CODE SWITCH

-STILL PROCESSING

-POD SAVE THE PEOPLE

-THE DAILY

-WHAT NEXT

-THE GROUNDINGS

-ALL MY RELATIONS

DEDICATING YOUR TIME, YOUR ENERGY, YOUR BODY, YOUR RESOURCES TO ANTIRACIST ACTION:

### (ONLINE) ACTIONS!

-LETTER WRITING, CALLING, TWEETING, & OTHER ACTIONS ARE NEEDED FROM ORGANIZATIONS LISTED. MANY, IF NOT ALL, ARE NOW VIRTUAL SO YOU CAN ACTION FROM HOME.

-LOOK UP WEEKLY VIRTUAL CITY COUNCIL MEETINGS,
POLICE COMMISSION MEETINGS, PHONE BANKS, JUSTICELA
ACTIONS, ETC. TO PARTICIPATE IN LOCAL GOVERNMENT &
SEE HOW YOUR TAX DOLLARS ARE SPENT.

-MAKE CALLS FOR VARIOUS MEASURES & POLICIES BEING PASSED & ENFORCED IN YOUR COMMUNITY.

DEDICATING YOUR TIME, YOUR ENERGY, YOUR BODY, YOUR RESOURCES TO ANTIRACIST ACTION:

### MORE (ONLINE) ACTIONS!

-GET INVOLVED & PRESSURE LEADERS TO REPRESENT YOUR VOICE & THE VOICE OF ANTIRACISM & REDUCE SPENDING ON SYSTEMS OF VIOLENCE.

-commit to do something on a weekly basis, even just 1 hour/week. Find the cause that resonates with you & block off time in your calendar to stay accountable & show up.

(EXAMPLES OF CAUSES - MENTAL HEALTH, PRISON REFORM, DEFUNDING THE POLICE, IMMIGRATION REFORM, DISABILITY JUSTICE, ALTERNATIVES TO POLICE, ETC.)

BUILDING YOUR CAPACITY AND AWARENESS AND STARTING THE DIALOGUE BY FINDING A WHITE SPACE COMMUNITY:

#### WP4BL OPPORTUNITIES!

AS LIFE IS VIRTUAL THESE DAYS, ANYONE CAN JOIN THE LA AFFILIATE WP4BL/AWARELA. THIS COMMUNITY GROWS CAPACITY, EDUCATION, DIALOGUE, SOLIDARITY, & A SENSE OF CONNECTION.

CHECK OUT AWARELA.ORG FOR ALL WORKSHOPS,
MEETINGS, POLITICAL EDUCATIONS, BOOK CLUBS, AFFINITY
SPACES & MORE BUT MAKE SURE YOU GO TO THE
APPROPRIATE ORIENTATIONS FIRST BEFORE YOU DIVE IN.

YOU CAN ALSO FIND MANY WEEKLY VIRTUAL ACTIONS YOU DON'T NEED TRAINING FOR, SO GET TO IT TODAY!

BUILDING YOUR CAPACITY AND AWARENESS AND STARTING THE DIALOGUE BY FINDING A WHITE SPACE COMMUNITY:

### WEBSITES (JUST A FEW)!

-BLACKLIVESMATTER.COM
-WWW.BLMLA.ORG
-SHOWINGUPFORRACIALJUSTICE.ORG
-AWARELA.ORG
-JUSTICELANOW.ORG

\*ALSO FOLLOW THESE GROUPS ON TWITTER / FB